

OCTOBER

Mon	Tue	Wed	Thu	Fri
2 Cheeseburger Bowl Seasoned Ground Beef Or WG Chicken Chunks Potato Rounds Dinner Rolls Fresh Fixings Fresh Grapes Low Fat Milk	3 Taco Pizza or Bacon Cheeseburger Wrap Chicken Bacon Ranch Flatbread Asst Doritos Fresh Fixings Fresh Fruit Mix Low Fat Milk	4 Whole Grain Chicken Patty Or Hot Dog on a Bun Macaroni and Cheese Mixed Vegetables Fresh Strawberries Low Fat Milk	5 French Bread Pizza or Beef and Broccoli Lo Mein or Homestyle Chicken Bites Caesar Salad Melon Mix Low Fat Milk	6 Shrimp Po Boy Bowl or Whole Grain Breaded Chicken Nuggets Seasoned Rice Creamy Coleslaw Spicy Remoulade Honeydew/Cantaloupe Low Fat Milk
9 Chicken Ala King or Beef Stew or Chicken Fiesta Chili Whole Grain Biscuit Seasoned Peas Fresh Apple Slices Low Fat Milk	10 Honey Garlic Chicken or Shrimp Bowl Seasoned Rice Broccoli, Peppers and Pea Pods Crispy Noodles Fortune Cookies Mandarin Oranges Low Fat Milk	11 Hamburger Stroganoff or Chicken Parmesan Rotini Pasta Seasoned Winter Blend Garlic Breadstick Fresh Banana Low Fat Milk	12 Popcorn Chicken or Shrimp Poppers Mashed Potatoes w/Gravy Whole Kernel Corn Dinner Rolls Fresh Strawberries	13 Fresh Baked Sub Bun Ham, Turkey, or Roast Beef w/Cheese Fresh Fixings Baked Chips Fresh Clementines Fruit Juice Low Fat Milk
16 Taco in a Bag or Chicken Fajita w/Fresh Fixings Seasoned Sweet Corn Fruit Filled Churro Pineapple/Mango Mix Low Fat Milk	17 Pork Carnitas or Chicken Carnitas Cilantro Rice Fiesta Black Beans Fresh Pico De Gallo Tortilla Chips Fresh Strawberries Low Fat Milk	18 Pepperoni or Cheese Pizza Cuban Wrap or Rueben Wrap Chef Salad Mandarin Oranges Low Fat Milk	19 NO SCHOOL	20 NO SCHOOL
23 Cheeseburger on a Bun or BBQ Pork Sandwich Potato Rounds Baked Beans Creamy Coleslaw Pear Slices Low Fat Milk	24 Chili Crispito or Cheese Quesadilla or Creamy Chicken Enchilada California Blend Fresh Fixings Fresh Fruit Mix Low Fat Milk	25 French Dip Sandwich or BBQ Rib Patty Seasoned Peas Baked Chips Creamy Coleslaw Fresh Banana Low Fat Milk	26 Mozzarella or Pepperoni and Mozzarella Stuffed Breadsticks Hot Ham and Cheese or BBQ Chicken Salad Caesar Salad Apple Slices Low Fat Milk	27 Tomato Basil Soup Toasted Cheese Sandwich or Sloppy Joe Green Beans Rice Krispie Bar Vanilla Yogurt Strawberries/Blueberries Low Fat Milk
30 Fresh Baked Sub Bun Ham, Turkey or Roast Beef w/Cheese Fresh Fixings Baked Chips Fruit Juice Peach Slices Low Fat Milk	31 French Bread Pizza or Beef and Broccoli Lo Mein Or Homestyle Chicken Bites Caesar Salad Melon Mix Low Fat Milk			<p>“This institution is an equal opportunity Provider”</p>